## Essential Allergy Test

## IgE Analysis for 42 Allergens

Including 23 foods and 19 environmental allergens

Foods	Environmental
<ul> <li>Egg white</li> <li>Milk</li> <li>Cod</li> <li>Salmon</li> <li>Crab</li> <li>Shrimp</li> <li>Meat mix (pork, beef, chicken, lamb)</li> <li>Wheat</li> <li>Rice</li> <li>Soy</li> <li>Potato</li> <li>Peanut</li> <li>Hazelnut</li> <li>Almond</li> <li>Tomato</li> <li>Carrot</li> <li>Orange</li> <li>Strawberry</li> <li>Apple</li> <li>Peach</li> </ul>	<ul> <li>Birch</li> <li>Hazelnut pollen</li> <li>Olive</li> <li>Cypress</li> <li>Ash (European)</li> <li>Timothy grass</li> <li>Rye</li> <li>Bermuda grass</li> <li>Bahia grass</li> <li>Common ragweed</li> <li>Mugwort</li> <li>English plantain</li> <li>Cat dander</li> <li>Horse dander</li> <li>Dog dander</li> <li>House dust mites (D. pteronyssinus and D. farinae)</li> <li>Cockroach</li> <li>Cladosporium herbarum</li> </ul>